

News Release



April 26-28, 2019

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36th Annual St. Anthony's Triathlon Facts

About:	<p>The St. Anthony's Triathlon is a premier race event known for attracting a wide range of professional and amateur competitors including Olympic gold medalists, Ironman world champions and celebrity athletes who compete on a scenic course along the waterfront of downtown St. Petersburg.</p> <p>The three-day event includes the Olympic Distance St. Anthony's Triathlon, the St. Anthony's Sprint Triathlon and the Meek & Mighty Triathlon for youth and novice adults. In 2018, more than 3,000 athletes came from 41 states, the District of Columbia, and 8 countries to participate.</p>
Event Dates:	Fri., April 26 - Sun., April 28, 2019
Event Schedule and Start Times:	<p>Friday, April 26:</p> <p>Sports and Fitness Expo: Vinoy Park, 701 Bayshore Dr. N.E., Free event (Friday: Noon – 6 p.m.)</p> <p>Saturday, April 27:</p> <p>Meek & Mighty Triathlon: North Shore Pool, 901 North Shore Drive Athlete check-in begins at 6:30 a.m. and first wave begins at 7:30 a.m.</p> <p>Sports and Fitness Expo: Vinoy Park, 701 Bayshore Dr. N.E., Free event (Saturday: 10 a.m. – 6 p.m.)</p> <p>Sunday, April 28:</p> <p>St. Anthony's Triathlon: North Shore & Vinoy Parks Athlete check-in begins at 4:45 a.m. and swim start at 6:50 a.m.</p>



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	<p>Sports and Fitness Expo: Vinoy Park, 701 Bayshore Dr. N.E., Free event (Sunday: 7 a.m. –3 p.m.)</p> <p>St. Anthony's Sprint Race: North Shore & Vinoy Parks Athlete check-in begins at 4:45 a.m. and swim start at 8:15 a.m. (approx.)</p>
Course Lengths:	<p>Meek & Mighty — (Ages 7 - 10) Swim 100 yards • Bike 3.6 miles • Run 1/2 mile; (Ages 11 & over) Swim 200 yards • Bike 5.4 miles • Run 1 mile</p> <p>St. Anthony's Triathlon, Olympic Distance —1.5K swim, 40K bike and 10K run</p> <p>St. Anthony's Sprint Race – 750-meter swim, 20K bike, 5K run</p>
USA Triathlon (USAT):	The St. Anthony's Triathlon races are sanctioned by USA Triathlon. The 2019 St. Anthony's Triathlon is a USAT National qualifier race for the Olympic Distance and Paratriathlon.
Competitors:	St. Anthony's Olympic Distance Approximately 1500 competitors. St. Anthony's Sprint Distance – Approximately 850 competitors. Meek & Mighty – Approximately 600 youth and novice adults.
Pros:	<p>The 2019 St. Anthony's Triathlon will host approximately 30 pros competing for a portion of a prize purse of more than \$56,000.</p> <p>Sarah Haskins-Koruem will be going for her record eighth win at St. Anthony's. If Haskins-Koruem wins this year, it would make her the only female pro to win St. Anthony's eight times.</p> <p>**All Pro athlete information is documented in the "Pro" section of the press kit.</p>
Athlete Tracking:	<p>St. Anthony's Triathlon will provide an Athlete Tracking Service for this year's Olympic Distance and Sprint races. Athletes, family and friends will be able to access real time results at specific timing points along the way through a link at www.SATriathlon.com. The timing points are Swim, Transition One, Bike, Transition Two, Run split, Run and Finish and will be updated as the race progresses.</p> <p>On Saturday, April 27, all participants will be listed online. Favorites can be added for quick and easy tracking using the web browser on a computer or smart phone. Results will be searchable by name and bib number. Division/age group results can be filtered to determine athlete placing. The direct results link is http://trinitytiming.com/results/#/race/GaXsPS/1/</p>

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Recognitions:	The St. Anthony's Triathlon celebrates its 36 th year in 2019. The event was named one of the top <u>10 Great Destination Triathlons</u> in the United States by Complete Tri and as one of the "5 Bucket-List Olympic Distance Triathlons in North America" by <u>Triathlon Magazine Canada</u> . In addition, the 2019 race is a USAT Regional Qualifier in both the Olympic Distance and Paratriathlon Championship.
Meek & Mighty:	<p>In 1988, St. Anthony's Hospital expanded the race from one to two days and included a sprint distance triathlon for kids. In 1993, organizers added an adult division to the race. Both divisions combined in 1994 and became the Meek & Mighty Triathlon that is traditionally held the Saturday before the big race, attracting kids and novice adults.</p> <p>Meek & Mighty Information: Race Date: Saturday, April 27, 2019 Location: North Shore Pool Capacity: 850 participants</p> <p>Swim 100 yards • Bike 3.6 miles • Run 1/2 mile (Ages 7-10) Swim 200 yards • Bike 5.4 miles • Run 1 mile (Ages 11 & Over)</p>
History:	St. Anthony's Triathlon is entering its 36th year as part of the U.S. Triathlon series. St. Anthony's Hospital acquired and moved the event to downtown St. Petersburg in 1984. Four years later, a youth triathlon was added turning the event into a two-day event. In 1994, an adult division was added to the youth triathlon and named the Meek & Mighty race. In 2015, a Sprint race was added, giving St. Anthony's Triathlon a third event for athletes wanting to race the same course as the traditional triathlon but a shorter distance.
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Web address: Facebook:	www.satriathlon.com www.Facebook.com/StAnthonysTriathlon #StAnthonysTri
St. Anthony's Hospital:	St. Anthony's Hospital is a 393-bed hospital founded in 1931 as a ministry of the Franciscan Sisters of Allegany. St. Anthony's continues its rich history dedicated to improving the health of the community by providing high-quality, innovative and compassionate care. For more information on St. Anthony's, call (727) 953-6993 or go to www.BayCare.org/SAH .