



**ST. ANTHONY'S  
TRIATHLON**  
A 5150 SERIES EVENT

**MEEK & MIGHTY TRIATHLON**

**ST. ANTHONY'S  
MEEK  
&  
MIGHTY**



**TRIATHLON**

*Supported By*

**Bank of America**



**St. Anthony's Hospital**  
BayCare Health System

**DISTANCES/ORDER OF EVENTS**



AGES	Pool Swim	Bike	Run
7-10	100 yards	3.6 miles	1/2 mile
11-14	200 yards	5.4 miles	1 mile
15+	200 yards	5.4 miles	1 mile

**Athlete  
Check-in**

**COURSE MAP**

